

HORSES AND HOMEOPATHY

A Pocket Guide

by

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ABOUT THE AUTHOR

Tim was born in Croydon, on the outskirts of London but spent most of his childhood in Sussex. He studied veterinary medicine at the Royal Veterinary College in Camden Town, qualifying in 1980. His first job and first encounter with homeopathy was in a small animal practice in Ealing. The following few years were spent in a large mixed practice in the New Forest. After several years here, he moved nearer to his parent's home in Sussex, working in a number of practices before settling in small animal practice in near Eastbourne.

During this period in he began to explore homeopathy as a means of solving some of his more tricky cases. Attending some of the very first courses to be held for vets at the Royal Homeopathic Hospital in Great Ormond Street, London, he not only developed his homeopathic skills but also met Peter Gregory, another veterinary surgeon with similar aspirations. He and Peter have been good friends ever since and now work together in the holistic referral practice Tim established in 1995. Tim gained his VetMFHom in 1991.

The Holistic Veterinary Medicine Centre now not only offers homeopathy, but also acupuncture, herbal medicine, dietary advice, flower essences and chiropractic. He is consultant to a number of companies producing natural medicines for animals and has written for several magazines. He has also contributed to a number of books on homeopathy and complementary medicine but has a special interest in treating horses holistically. He is the author of Homeopathy for Horses published in 2006 by Kenilworth. Tim has three teenage children and is married to his second wife Julie who is a reflexologist.

INTRODUCTION

Horses are unique animals. They have evolved and adapted to a huge range of environments and lifestyles. Homeopathy too has evolved. We have expanded and added to our knowledge of the remedies since Hahnemann's time. We understand them more intrinsically and can apply them more effectively in treating ill health and disease through a deeper insight.

On this basis, horses and homeopathy would seem a good partnership. These refined animals respond well to homeopathic remedies. With experience and a good basic knowledge of equine health problems, careful observation and detailed remedy knowledge, we can use the information to help treat, resolve or provide support for a vast range of conditions.

This guide has pulled together information gained over a period of over 20 years. It fulfils a need for a quick, accurate, practical and up to date book that should appeal to a wide audience; owners, yard managers and veterinary surgeons alike. However, as a concise guide, working with a good materia medica, a repertory, a detailed equine homeopathy book or alongside a homeopathic veterinary surgeon can provide additional support in choosing the correct remedy and treatment path to follow.

Tim Couzens MRCVS, East Hoathly,
February 2011

DISCLAIMER

This book is intended as a guide and is not a substitute for proper veterinary diagnosis and treatment of horses, ponies and donkeys. Therefore, you should always seek professional help wherever the diagnosis or welfare of an animal is in question in order to avoid unnecessary suffering.

The veterinary surgeons act allows only veterinary surgeons to diagnose and treat animals with homeopathic remedies. Whilst you are allowed to treat your own animals, it is illegal to prescribe homeopathic remedies for animals not in your ownership.

The British Association of Homeopathic Veterinary Surgeons (BAHVS)¹ maintains a list of veterinary surgeons qualified and experienced in the homeopathic treatment of animals of all species on their website at: www.bahvs.com. You are entitled to ask your own veterinary surgeon to refer you to a veterinary homeopath if you wish to pursue professional homeopathic treatment.

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¹ BAHVS website <http://www.bahvs.com/>