

THE RESPIRATORY SYSTEM

Rhinitis

Inflammation of nasal mucous membranes. Two causes. Often seen in early stage of respiratory problems, especially if viral. Symptoms include lethargy, fever (sometimes sweating), clear nasal discharge becoming coloured. Will progress to cough or bronchitis as lower respiratory tract becomes involved. Rhinitis also due to allergic reaction/irritation of nasal mucous membranes by dust/pollens. Nasal discharge often seen but no fever/lethargy.

Usually best for early stages with moderate fever	Ferrum phos 30c every 30 minutes
Initial stages, acute fever, no other symptoms but horse restless/anxious	Aconite 1M hourly
Fever absent, profuse watery nasal discharge, Nostrils sore, eyes inflamed, allergic based problems	Allium cepa 30c 4 times daily
Fluent thin watery nasal discharge, horse restless anxious, feels the cold, worse in open air	Arsenicum album 30c 4 times daily
Violent sneezing, egg white like nasal discharge, animal appears depressed or withdrawn	Natrum mur 30c 4 times daily
Increased tear production, eyes inflamed copious watery nasal discharge, snorting noises, usually allergic based problems	Sabadilla 30c 4 times daily
Little discharge, symptoms worse in the morning, better outside, snuffling noises, often irritable in nature	Nux vomica 30c 4 times daily
Clear nasal discharge, mucky eye discharge, symptoms eased in open air, worse inside	Euphrasia 30c 4 times daily
Bland, yellowish, thick discharge, comes and goes, eases outside, worse inside	Pulsatilla 30c 4 times daily
Allergic based problems, watery discharge. May turn green later, nose itches	Arundo 30c 4 times daily

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include, recurrent airway obstruction (RAO) and related allergy based conditions. Also bronchitis/pneumonia/broncho-pneumonia/pleurisy/lungworm/chronic chest infections.

Dry, hard and painful cough triggered by movement, dry mucous membranes, worse for warmth	Bryonia 30c 3 times daily
Usually allergic based, wheezing noises, thin runny, nasal discharge, worse after midnight, better warmth	Ars alb 30c 3 times daily
Dry tickling cough, racking or violent may be exhausting, coughs up small amounts white or rusty coloured mucus	Phosphorus 30c 3 times daily
Dry cough in the evening/night, loose catarrhal in am, produces bland, thick, mucus, eases in fresh air	Pulsatilla 30c 3 times daily
Dry, hacking cough, nose may block in the stable but clears outside producing runny mucus discharge, irritable nature, hypersensitive	Nux vom 30c 3 times daily
Hard, dry cough shakes the whole animal, triggered when breathes out, tough mucus collects in chest	Causticum 30c 3 times daily
Cough dry and spasmodic, quite severe, triggered least amount of exercise, mucus discharge from nose	Rumex 30c 3 times daily
Chesty, dry cough, laboured breathing asthmatic sounding in later stages, little mucus	Spongia 30c 3 times daily
Loose sounding cough, expelling slimy greenish mucus maybe quite forcible or violent, sounds dryer during night	Stannum 30c 3 times daily
Repeated deep, spasmodic, irritating cough, usually severe paroxysms, coughs follow in quick succession	Drosera 30c 3 times daily

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Untidy coat & skin, breathing laboured or difficult with rattling noises due to mucus that accumulates in chest, desire for fresh air, symptoms worse around 11am

Sulphur 200c daily for 7 days

Symptomatic & other remedies

Often elderly horses/severe cases, difficulty breathing with rattling noises in chest, large amounts of mucus coughed up

Antimonium tartrate 200c twice daily

Mild symptoms with clear watery nasal discharge sneezing, mild hacking cough, worse for breathing cold air

Allium cepa 200c twice daily

Thin watery nasal discharge, nostrils sore or chronic thick yellow nasal discharge, sneezing frequent, slight dry hacking cough

Arsenicum iodatum 200c twice daily

Severe cases, bubbly sounds in chest, difficult breathing, cough producing thick, coloured mucus, worse in early morning

Bacillinum 200c daily for 5 days

Most chronic cases with extremely thick creamy nasal discharge and loose cough

Balsamum peruvium 30c 3 times daily

Works where Ars alb does not help especially where bronchitis has developed

Blatta orientalis 30c 3 times daily

Emergency remedy for severe cases, symptoms very pronounced with wheezing/gasping for air, chest full of mucus but coughed up relatively easily but may hang from mouth/nostrils

Ipecacuanha 200c hourly

General remedy for COPD/RAO with difficult breathing, evidence of heaves line developing, best used where symptoms due to severe spasmodic constriction of airways or elderly horses where emphysema has developed

Lobelia 30c 3 times daily