

3

THE EARS

When there is inflammation of, or discharges from, the ear remember to look for parasites and other foreign bodies. Remember that homeopathic remedies will not kill parasites, although they may make the environment inimical to them and help to prevent re-infestation. Appropriate conventional anti-parasiticides drops can be used to remove the infestation while proprietary cleansers or **Hypericum with Calendula lotion** can be used to flush the ears if needed.

Sore, inflamed or swollen pinnae (see Tables 3.1 and 3.2)

Rubrics can be found for:

- EARS: Cracks, fissures; and sub-rubrics for location.
- EARS: Eruptions; and sub-rubrics for location and type.
- EARS: Inflammation; external, outer.
- EARS: Odour offensive, behind; and from external edges.

Septic, discharging ears (see Tables 3.3–3.5)

Rubrics: The main rubrics are to be found in:

- EARS: Discharges; general; and its many sub rubrics.

The odour of the discharges is covered by:

- EARS; Discharges; general; offensive.

There are very many (well over 150) remedies that affect ear discharges. Again the ear should be examined and any foreign material removed or flushed. **Hypericum with Calendula lotion** can be used, diluted as above to support the more specific remedies.

TABLE 3.1 Sore, inflamed or swollen pinnae – remedies worse for cold

Pinnae	Bruised. Swollen. Haematoma	SCC in cats	Moist eczema on or behind pinna. Inflammation	Moist eczema. Offensive sticky discharges	Offensive eczema. Very itchy	Itchy. Moist eczema or vesicles	Itchy
Eruptions		Dry, scaly, white	Scurfy eruptions	Fissures behind ears	Raw oozing scabs		Scabby or vesicles
Modalities: worse	Damp cold. Least touch. Motion. Rest	Cold weather. Midnight to 2a.m. Rest. Exertion. Cold food and drink	Cold, raw air. Physical exertion. Teething. Milk	Cold, but warmth of bed agg. Night. Before and after seasons	Cold, open air. Changing, stormy weather. Warmth of bed. Rubbing	Cold, damp weather. Rest and sleep. Over-exertion	Cold weather. Touch. Rest
Modalities: better	Lying down	Warmth. Wet weather. Gentle motion	Dry weather. In the dark. Lying on the back. Rubbing, scratching	Eating. In open air. In the dark. Milk	Warmth. Pressure	Warm, dry weather. Gentle, continued motion	Open air. Motion
Thirst		A little and often		Milk amel.		Great thirst	
Food: desires	Cold water. Sour and acid foods	Milk. Warm drinks	Eggs. Ice cream. Sweets. Indigestible food		Inedible foods. Sweet	Milk	Apples. Salt
Food: aversions	Meat and milk	Fat	Meat and milk	Meat. Salt. Sweet	Pork. Vegetables		
Food: aggravations		Fruit	Meat and milk		Fruit. Dairy		
Mind	Restless. Oversensitive to pain. Fear of being approached or touched	Anxious. Restless. Neat, clean, tidy. Fear of being alone	Anxiety. Depression. Apathy. Obstnacy	Lethargy. Apathy. Sad. Irritable. Ailments from grief or fright	Anxiety. Ailments from emotional disturbances	Restlessness. Anxiety	Fear of touch in painful areas
REMEDY	Arnica montana	Arsenicum album	Calcarea carbonica	Graphites	Psorinum	Rhus toxicodendron	Tellurium metallicum

TABLE 3.2 Sore, inflamed or swollen pinnae – remedies worse for warmth or with no temperature modality

Temperature modality	Worse for warmth	No temperature modality
Pinna	Offensive smell	Sore and bruised. Passive bleeding into pinna
Eruptions	Itchy; around and behind ear	
Modalities: worse	Warmth, especially of bed. Washing and bathing. Early morning. 11a.m. Night	Open air. Damp, rainy weather. Touch
Modalities: better	Dry, warm weather. Lying on cold surface	
Thirst		
Food: desires	Rich, spicy foods. Sweets. Alcohol	
Food: aversions		
Food: aggravations	Milk. Sugar. Sweets. Alcohol	Pork
Mind	Lazy. Dirty. Untidy. Selfish	
REMEDY	Sulphur	Hamamelis virginiana

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TABLE 3.3 Septic, discharging ears – remedies worse for cold (A–G)

Ears	Painful	Swelling and ulceration of external meatus	Red with excess wax. Can be labyrinthitis	Painful inflammation. Can be labyrinthitis
Discharge	Thin, acrid, offensive	Thick, yellow, pus. With offensive smell	Offensive pus	Glutinous offensive discharge
Modalities: worse	Cold weather. Midnight–2a.m. Rest. Exertion. Cold food and drink	Cold, raw air. Exertion. Teething and milk	Dry, cold weather. Moving from warm to cold. Winds and draughts. Evenings	Cold: also warmth of bed. Night. During and after seasons
Modalities: better	Warmth. Wet weather. Gentle motion	Dry weather. In dark. Lying on the back. Rubbing and scratching	Damp, wet weather. Warmth, especially of bed. Gentle movement	Eating. In open air. In the dark
Thirst	Little and often. Warm			Milk amel.
Food: desires	Milk	Eggs. Ice cream. Sweets. Indigestible items		
Food: aversions	Fat	Meat and milk	Sweets	Meat. Salt. Sweets
Food: aggravations	Fruit	Milk		
Mind	Anxiety. Restless. Fear of being alone. Neat, clean, tidy	Anxiety. Depression. Apathy. Obstinate	Alliments from grief and fright	Lethargic. Apathetic. Sad. Irritable. Alliments from grief or fright
REMEDY	Arsenicum album	Calcareo carbonica	Causticum	Graphites